



Town of Rocky Hill
Emergency Management Department
761 Old Main Street 1st Floor
860-258-7694



Information Advisory Release

November 23, 2022

FLU Season Advisory

In conjunction with the Central Connecticut Health District, the Town of Rocky Hill is sending out an advisory notice regarding the current status of Influenza. It appears that the spread of influenza this month is more profound than usual and is more prevalent in the school age group (5 to 18 years of age) than any other group as of this time. There has been a sharp increase in Officially reported cases and concerns are that after Holiday travel there may be a spike in cases due to exposure issues.

As the holiday season approaches and we start to make our travel plans, it is important for you to take note of area(s) that you are going to that may be high to very high ILI- (Influenza-like illness) activity. You can take precautions now by getting vaccinated and wearing a mask if you plan on attending large gatherings. Symptoms to be mindful of are respiratory illness that includes fever plus a cough or sore throat,

To help protect citizens, students and staff from illness and absenteeism due to flu and other circulating respiratory viruses, schools and businesses are prudent to consider the following reminders from CDC:

- **Stay home when you are sick / keep your children home when they are sick.**
- **Avoid touching your eyes, nose or mouth and remind *ALL* persons of this.**
- **Clean and disinfect frequently touched surfaces or objects at least daily.**

For more information on influenza please visit:
CDC 's Key Facts on Influenza

<https://www.cdc.gov/flu/about/keyfacts.htm#contagiousness>

Stephen Pendl



Stephen Pendl
Director of Emergency Management
761 Old Main Street
Rocky Hill Connecticut. 06067
Office: 860-258-7694 Cell: 860-670-3325
spendl@rockyhillct.gov